

November

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26 Thanksgiving	27	28
29	30					

2015

December

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Jesse McCray 11/17 jmcrcray@westport.k12.ct.us		1	2 FRESHMAN ORIENTATION Spike Night 6:30	3 FRESHMAN ORIENTATION	4	5 PRACTICE 9:00 – 11:00
6 Hanukkah	7 Practice 2:45-5:15	8 Practice 2:45-5:15	9 Practice 2:45-5:15	10 Practice 2:45-5:15	11 Practice 2:45-5:15	12 Practice 9:00-11:00
13	14 Practice 2:45-5:15	15 Practice 2:45-5:15	16 Practice 2:45-5:15	17 Practice 2:45-5:15	18 Practice 2:45-5:15	19 Fciac Qualifier #1 ----- Bishop Loughlin Games
20	21 Practice 2:45-5:15	22 Practice 2:45-5:15	23 Relay Time Trials 12:30-1:30 (tba)	24 Christmas Eve	25 Christmas Day	26 No Practice
27	28 Practice 10:00- 12:00	29 Practice 10:00-12:00	30 Rhode Island Classic	31 New Year's Eve		

2015

January

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 New Year's Day No Practice	2 No Practice
3	4 Practice 2:45-5:15	5 Practice 2:45-5:15	6 Practice 2:45-5:15	7 Practice 2:45-5:15	8 Practice 2:45-5:15	9 Feiac Qualifier #2 Dartmouth Relays
10	11 Practice 1:00-2:30	12 Practice 1:00-2:30	13 Practice 1:00-2:30	14 Practice 1:00-2:30	15 Yale Classic Invitational	16 Feiac Qualifier #3 Yale Classic Invitational
17	18 MLK Day No School	19 Practice 1:00-2:30	20 Practice 1:00-3:30	21 Practice 2:45-5:15	22 Practice 2:45-5:15	23 Feiac Qualifier #4 Sec Invitational
24	25 Practice 2:45-5:15	26 Practice 2:45-5:15	27 Practice 2:45-5:15	28 Practice 2:45-5:15	29 Practice 2:45-5:15 Team Activity TBA	30 Feiac Divisional Championship
31						

2016

February

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
Outdoor track meeting Monday @ 2:30 in the Field House	1 Practice 2:45-5:15	2 Practice 2:45-5:15	3 Practice 2:45-5:15	4 Fciac Championship	5 Practice 2:45-4:00	6 JV Fciac Championship
7	8 Practice 2:45-5:15	9 Practice 2:45-5:15	10 Practice 2:45-5:15	11 Class LL Championship	12 Practice 2:45-4:00	13 No Practice
14	15 Practice 10:00-12:00	16 Practice 10:00 12:00	17 Practice 10:00-12:00	18 Practice 10:00-12:00	19 Practice 10:00-12:00	20 Ct State Open Championship
21	22 Practice 2:45-5:15	23 Practice 2:45-5:15	24 Practice 2:45-5:15	25 Practice 2:45-5:15	26 Practice 2:45-5:15	27 Practice 10:00-12:00
28 New England Championship	29 No Practice					

2016

March

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
Orientation begins this week for all athletes competing in Spring track.	Orientation is for Athletes who didn't participate in Indoor Track and Throwers	1 Practice 2:45-5:15	2 Practice 2:45-5:15	3 Practice 2:45-5:15	4 Practice 2:45-5:15	5 No Practice
6	7 Practice 2:45-5:15	8 Practice 2:45-5:15	9 Practice 2:45-5:15	10 Practice 2:45-5:15	11 New Balance Indoor Nationals	12 New Balance Indoor Nationals
13 New Balance Indoor Nationals	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

2016

2016 STAPLES GIRLS INDOOR TRACK & FIELD				11/16/2015
DAY	DATE	EVENT	TIME	DEPARTURE
Sat	12/19/2015	Bishop Loughlin Games Ocean Breeze Athletic Complex Staten Island, New York	8:00	6:00 AM
Sat	12/19/2015	Fciac Qualifier 1 Staples Field House	10:00	
Tues	12/30/2015	Rhode Island Classic Providence Career & Technical HS	12:00	9:00 AM
Saturday	1/9/2016	Darthmouth Relays Darthmouth College	8:00	TBA
Saturday	1/9/2016	Fciac Qualifier 2	10:00	
Friday	1/15/2016	Yale Invitational	12:00	10:00 AM
Saturday	1/16/2016	Yale Invitational Cox Cage @ Yale University	7:00	
Saturday	1/16/2016	Fciac Qualifier 3	10:00	
Saturday	1/23/2016	SCC Invitational Floyd Little Athletic Complex, New Haven,ct	tba	TBA
Saturday	1/23/2016	Fciac Qualifier 4	10:00	

**** All Athletes must have met an Fciac, State, or National Standard to compete after this point**

Saturday	1/30/2015	Fciac Divisional Championship Staples Field House	tba	tba
Thursday	2/4/2016	Fciac Championship Floyd Little Athletic Complex, New Haven,ct	tba	tba
Saturday	2/6/2016	JV Fciac Championship Staples High School		
Thursday	2/11/2016	Class LL State Championship	tba	tba
Saturday	2/20/2016	Ct. State Open Championship Floyd Little Athletic Complex, New Haven, Ct	tba	tba
Sunday	2/28/2016	Lewis Center, Roxbury, Ma New England Championships	tba	tba
Friday- Sunday	3/11/2013	New Balance national Championships New York City Head Coach Jesse McCray Jmccray@westport.k12.ct.us (203)341-1488	tba	tba