

Staples High School
Boys Outdoor Track & Field
2010 Season Best Performances:

<u>Event</u>	<u>Name</u>	<u>Performance</u>
HJ	Jon Campbell	5-8
PV*	Paul Chandler	15-0** Tied Own School Record
LJ*	Eliot Bass	19-11
TJ	Eliot Bass	41-81/4
SP*	Devin Graber	47-4
DT*	Eliot Bass	116-7
JT*	Eliot Bass	145-8
100*	Michael White	11.2/11.45
200*	Raphael Ray	22.3
400	Raphael Ray	49.18
800	Jeff Caffery	2:01.41
1600	Sam Zorfas	4:33.5
3200	Jon Foster	9:56.08
5000	None	
110HH	Robert Cross	15.84/15.8
300IH	Robert Cross	42.6
400IH	Robert Cross	1:02.72
2000SC	None	
3000SC	None	
100 RS*	Raphael Ray	10.4
200 RS	Danny Marriott	24.6
400 RS*	Raphael Ray	48.1
800 RS	Jack Roche	2:00.3
1200 RS*	Sam Zorfas	3:22.5
4 X100 R*	J. Heil, S. Gallagher, A Kliegman, R. Ray/M. White	43.8/43.93
4 X 200 R	None	
4 X 400 R*	J. Heil, S. Gallagher, J. Roche, R. Ray	3:19.43** School Record
4 X 800 R*	J. Foster, J. Caffery, S. Zorfas, J. Roche	8:06.76
SMR	J. Demetres, D. Marriott, D. Haswell, C. Tagen	4:07.05
DMR*	S. Zorfas, J. Roche, J. Caffery, J. Foster	11:05.12
DEC*	Eliot Bass	5418

* = Better than or equal to 2009 performance = 15 of 31

** = School Record = 2