

STAPLES CROSS COUNTRY

WWW.STAPLESRUNNING.COM

2015 Contact List

Girls		Phone Numbers *= preferred number	Email
Coach	Amanda Morgan	Cell: 203-216-9147	amandaparrishmorgan@gmail.com
Asst. Coach	Amanda Scheer	Cell: 908-489-3264	amanda.scheer11@gmail.com
Captains	Hannah DeBalsi	203-295-9402	hannahdebalsi@gmail.com
	Angie Parmar	203-293-5739	angeleeparmar@gmail.com
	Katharine Smith	203-5640979	kgsmith3737@gmail.com
Captains Parents	Sara Bassett	Cell/Sara: 203-233-2362	bassettsara@optonline.net
	Kay & Mani Parmar	Home: 203-226-7846 Cell/Kay: 203-984-6482 Cell/Mani: 203-243-7643	kayparmar@optonline.net
	Gail & Matt Smith	Home: 203-557-0878 Cell/Gail: 203-224-8711 Cell/Matt: 203-550-8586	glg.smith@yahoo.com matthewg.smith@ge.com
Boys		Phone Numbers *= preferred number	Email
Coach	Laddie Lawrence	*Work: 203-341-1257 Home: 203-259-2129	llawrence@westport.k12.ct.us
Asst. Coach	Jon Foster	203-571-8808	jonathanfoster92@gmail.com
Captains	Ben Foster	203-571-8347	bf46726@students.westport.k12.ct.us
	Chase Gornbein	203-913-3732	chasescore24@aim.com
	James Lewis	203-286-9202	jameslewis198@gmail.com
Captains Parents	Janet & Drew Foster	Home: 203-227-5901	Jbfoster59@sbcglobal.net
	Valerie & David Gornbein	Home: 203-292-8533 Cell/Val: 617-875-1333 Cell/David: 617-519-6126	valncal@msn.com dgornbein@gmail.com
	Daphne & Kemp Lewis	Home: 203-221-0692 Cell/Daphne: 203-216-5383 Cell/Kemp: 917-602-3798	daphnelewisct@gmail.com kemp.lewis@raymondjames.com
Website Coordinator	Mary Hanrahan		staplesrunning@optonline.net

GOT PHOTOS? Any action shots you take of our Staples cross country athletes at meets (think “Sports Illustrated”, not family photo album) that would be appropriate for our StaplesRunning.com website, please contact our website coordinator, Mary Hanrahan, for a DROPBOX invitation. Thanks in advance to all who contribute timely photos – it is much appreciated!