

August

2016 CROSS COUNTRY CALENDAR

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
				Practice Starts (Boys) 2:45 – 5:00 All Forms Complete	Practice 2:45 – 5:00	On Your Own Road Runners 9.3 Mile Race
28	29	30	31			
On Your Own	Practice (Boys & Girls) 2:45 – 5:15	Practice 2:45 – 5:15	Practice 2:45 – 5:15			

2016

September

2016 CROSS COUNTRY CALENDAR

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
				1 Practice 2:45 – 5:15	2 Practice 2:45 – 5:15 1 Mile Trials	3 On Your Own Road Runners 10 Mile Race
4 On Your Own	5 Labor Day On Your Own Or Practice (TBA) 2:45 – 4:45	6 Practice 2:45 – 5:15 3 Mile Qualifying	7 Practice 2:45 – 5:15 Uniforms Distributed	8 Practice 2:45 – 5:15 Uniforms Distributed	9 Practice 2:45 – 5:15 2 Mile Time Trials	10 Parent Meeting 9:00 Practice 9:00 - 11:00
11 On Your Own	12 Practice 2:45 – 4:30	13 Dnb. Dar. Nor. @ Stp. 4:00	14 Practice 2:45 – 5:15	15 Practice 2:45 – 5:15	16 Practice 2:45 – 4:30	17 Stratton Brook Inv. @ Simsbury 9:00 Bus @ 6:30
18 On Your Own	19 Practice 2:45 – 4:30	20 Wlt. N.C. Stm. T.C. @ N.C. 4:00 Bus @ 2:00	21 Practice 2:45 – 5:15	22 Practice 2:45 – 5:15	23 Practice 2:45 – 5:15	24 Bowdoin Park Classic (Boys Only) @ Bowdoin Park 10:00 Bus @ 7:00
25 On Your Own	26 Practice 2:45 – 4:30	27 Grn. McM. Lud. @ Stp. 4:00	28 Practice 2:45 – 5:15	29 Practice 2:45 – 5:15	30 Practice 2:45 – 5:15	

2016

October

2016 CROSS COUNTRY CALENDAR

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
						1 Practice 10:00 – 12:30
2 On Your Own	3 Rosh Hashanah On Your Own Pre-Meet	4 Whl. Trm. St.J. @ St. J. 4:00 Bus @ 2:00	5 Practice 2:45 – 5:15	6 Practice 2:45 – 5:15	7 Practice 2:45 – 4:30	8 Wickham Park Invitational @ Manchester 9:40 Bus @ 6:45
9 On Your Own	10 Wrld. Rdg. Cntl. @ Wrld. 4:00 Bus @ 2:15	11 Practice 2:45 – 5:15	12 Yom Kippur On Your Own	13 Practice 2:45 – 5:15	14 Practice 2:45 – 5:15	15 Practice 10:00 – 12:30
16 On Your Own	17 Practice 2:45 – 5:15	18 Practice 2:45 – 4:30	19 FCIAC Championships @ Waveny Park, NC 2:15 Bus @ 11:45	20 Practice 2:45 – 5:15	21 Practice 2:45 – 5:15	22 Practice 10:00 – 12:30
23 On Your Own	24 Practice 2:45 – 5:15	25 J.V. Invitational @ T.B.A. Bus @ T.B.A. Var. & Fr. Practice 2:45 – 5:15	26 Practice 2:45 – 5:15	27 Danbury. Fr. Inv. @ Dnb. 4:00 Bus @ 1:45 Var. & J.V. Practice 2:45 – 5:15	28 Practice 2:45 – 4:30	29 CIAC Class LL Championships @ Wickham Park 3:10 Bus @ 11:30
30 On your Own	31 Practice 2:45 – 5:15					

2016

November

2016 CROSS COUNTRY CALENDAR

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
		1 Practice 2:45 – 5:15	2 Practice 2:45 – 5:15	3 Practice 2:45 – 4:30	4 CIAC Open Championships @ Wickham Park 2:00 Bus @ 11:00	5 Practice 10:00 – 12:30
6 On Your Own	7 Practice 2:45 – 5:15	8 Practice 2:45 – 5:15	9 Practice 2:45 – 5:15	10 Practice 2:45 – 5:15	11 Practice 2:45 – 4:30	12 New England Championships @ Ponaganset R.I. 11:00 Bus @ T.B.A.
13	14 RETURN ALL	15 UNIFORMS AND	16 VOTE FOR	17 2017 CAPTAINS	18 THIS WEEK	19
20 Awards Banquet TBA	21	22	23 Pequot Road Race Set Up Wakeman Boys Club 2:00 PM & 5:00 PM	24 Pequot Road Race Help with Race Wakeman Boys Club 7:00 AM	25	26
27	28 Indoor Track Pre-Season Conditioning	29 Indoor Track Pre-Season Conditioning	30 Indoor Track Pre-Season Conditioning	12/1 Indoor Track Pre-Season Conditioning	12/2 Indoor Track Pre-Season Conditioning	12/3 Indoor Track & Field Starts

2016