

August

2018 CROSS COUNTRY CALENDAR

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
				Practice Starts 2:45 – 5:00 All Forms Complete	Practice 2:45 – 5:00	On Your Own Road Runners 9.3 Mile Race
26	27	28	29	30	31	
On Your Own	Practice 2:45 – 5:15	Practice 2:45 – 5:15	Practice 2:45 – 5:15	Practice 2:45 – 5:15	Practice 2:45 – 5:15 1 Mile Trials	

2018

September

2018 CROSS COUNTRY CALENDAR

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
						1 On Your Own Road Runners 10 Mile Race
2 On Your Own	3 Labor Day On Your Own Or Practice (TBA) 2:45 – 4:45	4 Practice 2:45 – 5:15 3 Mile Qualifying	5 Practice 2:45 – 5:15 Uniforms Distributed	6 Practice 2:45 – 5:15 Uniforms Distributed	7 Practice 2:45 – 5:15 2 Mile Time Trials	8 Parent Meeting 9:00 Practice 9:00 – 11:00
9 On Your Own	10 On Your Own Rosh Hashanah	11 N.C. McM. T.C. @ N.C. 4:00 Bus @ 2:00	12 Practice 2:45 – 5:15	13 Practice 2:45 – 5:15	14 Practice 2:45 – 4:30	15 Stratton Brook Inv. @ Simsbury 9:00 Bus @ 6:30
16 On Your Own	17 Wrd. Trm. Stm. @ Staples 4:00	18 Practice 2:45 – 5:00	19 On Your Own Yom Kippur	20 Practice 2:45 – 5:15	21 Practice 2:45 – 4:30	22 Bowdoin Park Classic @ Bowdoin Park 10:00 Bus @ 7:00
23 On Your Own	24 Practice 2:45 – 5:15	25 Wlt. Whl. Lud. @ Wlt. 4:00 Bus @ 2:00	26 Practice 2:45 – 5:15	27 Practice 2:45 – 5:15	28 Practice 2:45 – 5:15	29 Practice 10:00 – 12:30
30 On Your Own						

2018

October

2018 CROSS COUNTRY CALENDAR

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
	1 Practice 2:45 – 5:15	2 Grn. Dnb. Rdg. @ Grn. 4:00 Bus @ 1:45	3 Practice 2:45 – 5:15	4 Practice 2:45 – 5:15	5 Practice 2:45 – 4:30	5 Wickham Park Invitational @ Manchester 9:40 Bus @ 6:30
7 On Your Own	8 Practice 2:45 – 5:15	9 St.J. Nor. Dar. @ Staples 4:00	10 Practice 2:45 – 5:15	11 Practice 2:45 – 5:15	12 Practice 2:45 – 5:15	13 Practice 10:00 – 12:30
14 On Your Own	15 Practice 2:45 – 5:15	16 Practice 2:45 – 4:30	17 FCIAC Championships @ Waveny Park, NC 2:00 Bus @ 11:30	18 Practice 2:45 – 5:15	19 Practice 2:45 – 5:15	20 Practice 10:00 – 12:30
21 On Your Own	22 Practice 2:45 – 5:15	23 Wilton J.V. Inv. 4:00 Bus @ 2:00 Var. & Fr. Practice 2:45 – 5:15	24 Practice 2:45 – 5:15	25 Danbury. Fr. Inv. @ Dnb. 4:00 Bus @ 1:45 Var. & J.V. Practice 2:45 – 5:15	26 Practice 2:45 – 4:30	27 CIAC Class LL Championships @ Wickham Park 10:20 Bus @ 7:00
28 On your Own	29 Practice 2:45 – 5:15	30 Practice 2:45 – 5:15	31 Practice 2:45 – 5:15			

2018

November

2018 CROSS COUNTRY CALENDAR

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
				1 Practice 2:45 – 4:30	2 CIAC Open Championships @ Wickham Park 2:00 Bus @ 10:30	3 Practice 10:00 – 12:30
4 On Your Own	5 Practice 2:45 – 5:15	6 Practice 2:45 – 5:15	7 Practice 2:45 – 5:15	8 Practice 2:45 – 5:15	9 Travel Day & Practice at Meet Site Bus @ T.B.A.	10 New England Championships @ Manchester, N.H. 11:00 Bus @ T.B.A.
11	12 RETURN ALL	13 UNIFORMS AND	14 VOTE FOR	15 2019 CAPTAINS	16 THIS WEEK	17
18 Awards Banquet T.B.A.	19	20	21 Pequot Road Race Set Up Wakeman Boys Club 2:00 PM & 5:00 PM	22 Pequot Road Race Help with Race & Clean Up Wakeman Boys Club 7:00 AM & 9:00 AM	23	24 NXR @ Bowdoin Park TBA
25	26 Indoor Track Pre-Season Conditioning	27 Indoor Track Pre-Season Conditioning	28 Indoor Track Pre-Season Conditioning	29 Indoor Track Regular Season Practice Starts 2:45 – 5:15	30 Indoor Track Regular Season Practice 2:45 – 5:15	12/1 Indoor Track Regular Season Practice 10:00 – 12:30

2018